

If you need financial help, call:

**HENNEPIN COUNTY ECONOMIC ASSISTANCE DEPT.**

Including: food stamps, financial and medical assistance  
Dial: 612-596-1300

**SIMPLY GOOD EATING PROGRAM**

Nutrition program; assists with food budgeting, meal planning and diet counseling for low-income people  
Dial: 612-596-2144

**WIC**

Women, Infants and Children Nutritional Program providing free food, nutrition counseling, and health care referrals for pregnant and breast-feeding women and children under the age of five  
Dial: 612-348-6100

**SECOND HARVEST HEARTLAND**

Food program for income eligible mothers and children  
Dial: 1-800-365-0270

**EMERGENCY FOODSHELF NETWORK**

Referral to community food shelves  
Dial: 952-925-6265

If you are in a financial emergency and need food, shelter, clothing, or transportation on a temporary basis, call your local provider:

**WEST\*\*\***

**STEP**

St. Louis Park  
Dial: 952-925-4899

**INTERFAITH OUTREACH**

Hamel, Long Lake, Eastern Orono, Southwest Plymouth, West Medicine Lake, Medina, Wayzata  
Dial: 952-473-2436

**ICA**

Deephaven, Excelsior, Greenwood, Hopkins, Minnetonka, Shorewood, Woodland  
Dial: 952-938-0729

**WeCAN**

Greenfield, Independence, Loretto, Maple Plain, Minnetonka, Mound, Navarre, Rockford, St. Bonifacius, Spring Park, Tonka Bay, Western Orono, Minnetonka Beach  
Dial: 952-472-0742

Financial emergency and need food, shelter, clothing, or transportation; cont:

**NORTHWEST\*\*\***

**CEAP**

Brooklyn Center, Brooklyn Park, Champlin  
Dial: 763-566-9600

**CROSS**

Maple Grove, Rogers, Champlin, Osseo, Corcoran  
Mon./Wed./Fri. 9:30-11:30 AM & 12:30-3:30 PM  
Dial: 763-425-1050

**PRISM**

Crystal, Robbinsdale, New Hope, Plymouth, Golden Valley  
Dial: 763-529-1350

**NEAR**

Areas North of 42nd Avenue in Crystal, New Hope, Robbinsdale  
Dial: 763-533-2836

**SOUTH\*\*\***

**VEAP**

Richfield, Bloomington, Edina  
Dial: 952-888-9616

**PROP**

Eden Prairie, Chanhassen  
Dial: 952-937-9120

**COLONIAL CHURCH OF EDINA**

Edina  
Dial: 952-925-2711

For tax help, call:

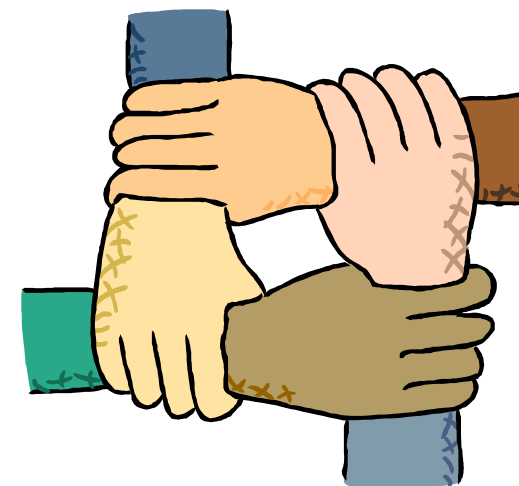
**COMMUNITY ACTION PARTNERSHIP OF SUBURBAN HENNEPIN**

Dial: 952-697-1311

**ACCOUNTABILITY MINNESOTA**

Dial: 651-287-0187

# COMMUNITY RESOURCE LIST



COMMUNITIES IN ACTION...  
TOGETHER WE CAN MAKE A  
DIFFERENCE.

To find information about Elections and Voter Registration, contact the following organizations:

**LEAGUE OF WOMEN VOTERS**

For Minneapolis, dial: 612-333-6319  
For St. Paul, dial: 651-999-5343

**THE SECRETARY OF STATE**

Dial: 651-215-1440

Prepared by: *Helping People. Changing Lives.*



33 10th Avenue South, Suite 150  
Hopkins, MN 55343  
952-933-9639

**If you need information on how to find a service, call:**

**FIRST CALL FOR HELP!**

Information on, and referrals to, resources for social services/health, education, recreation, etc.

**Metro area, dial: 211**

**Outside of metro area, dial: 651-291-0211**

**HOPKINS AREA FAMILY RESOURCE CENTER**

Community resource information and referrals for the Hopkins/Minnetonka area

**Dial: 952-988-5350**

**MIRA**

Metro area referral resource for Spanish-speaking people

**Dial: 612-869-8261**

**If you need CRISIS help, call:**

**CRISIS INTERVENTION CENTER**

Telephone counseling for suicide and emotional crisis

**For suicide, dial: 612-347-2222**

**For others, dial: 612-873-3161**

**CRISIS CONNECTION**

24 hour/7 days a week telephone crisis counseling, information and referrals

**Dial: 612-379-6363**

**HOME FREE SHELTER**

Emergency shelter for battered women and their children, support groups, advocacy, information and referrals

**Dial: 763-559-4945**

**SOJOURNER SHELTER**

Emergency shelter for battered women and their children, support groups, advocacy, information and referrals

**Dial: 952-933-7422**

**BRIDGE FOR RUNAWAY YOUTH**

Temporary shelter for youth in crisis, family crisis counseling for adolescents and parents

**Dial: 612-377-8800**

**CHILD PROTECTION**

To report suspected child abuse and neglect and to receive advice

**Dial: 612-348-3552**

**Crisis help, cont.:**

**A.I.D.**

Chemical dependency evaluation, information and referral

**Dial: 612-879-3501**

**Childcare, adult education, literacy, call:**

**GREATER MINNEAPOLIS DAYCARE ASSOC.**

Childcare information and referrals

**Dial: 612-341-1177**

**PARENT IN COMMUNITY ACTION**

Program helps children start school with positive self-concept and skills needed

**Dial: 612-377-7422**

**MINNESOTA LITERACY COUNCIL— BASIC SKILLS HOTLINE**

Information on area literacy programs

**Dial: 1-800-222-1990**

**Housing and Heating, call:**

**HOUSING RESOURCE CENTER**

Help for low- to moderate- income households who are in a housing crisis, provides assistance in locating housing

**Dial: 612-879-5266**

**HOMELINE TENANT ADVOCACY**

Information and advice for housing issues

**Dial: 612-728-5767**

**COMMUNITY ACTION PARTNERSHIP OF SUBURBAN HENNEPIN**

Referral, Center for Homeownership, Energy Assistance and Weatherization

**Dial: 952-933-9639**

**HEATSHARE**

Emergency utility assistance

**Dial: 1-800-842-7279**

**SUSTAINABLE RESOURCE CENTER**

Weatherization of low-income households

**Dial: 612-872-3294**

**CENTERPOINT ENERGY CREDIT DEPT.**

**Dial: 612-372-4727**

**XCEL ENERGY CREDIT DEPT.**

**Dial: 1-800-895-4999**

**Legal assistance, call:**

**LEGAL AID SOCIETY**

Legal assistance for low-income people for civil cases, family law, government benefits and housing

**Dial: 612-332-1441**

**Utility consumer resources, call:**

**MN PUBLIC UTILITIES COMMISSION**

Provides information and handles complaints on Cold Weather Rule

**Dial: 651-296-0406**

**Healthcare, call:**

**MINNESOTA CARE**

Health care/insurance for Minnesotans who meet income and other eligibility requirements

**Dial: 651-297-3862**

**NEIGHBORHOOD HEALTHCARE NETWORK**

Referrals to sliding fee clinics for under and uninsured persons, also Interpreters for hire

**Dial: 651-489-2273**

**MINNESOTA VISITING NURSES AGENCY**

Provides in-home care for those eligible

**Dial: 612-617-4700**

**For information about employment and personal finances, call:**

**HIRED**

Provides personal and innovative work solutions

**Dial: 612-529-3342**

**MINNESOTA WORKFORCE CENTER**

Employment counseling, placement and listings of jobs available, unemployment insurance

**Dial: 1-888-GET-JOBS (1-888-438-5627)**

**EMPLOYMENT ACTION CENTER**

Provides vocational skills and counseling, job placement help, job seeking skill classes, on-job training

**Dial: 612-752-8800**

**SOCIAL SECURITY ADMINISTRATION**

**Dial: 1-800-772-1213**

**LSS FINANCIAL COUNSELING SERVICES**

**Dial: 1-888-577-2227**