

Serving the residents of these
suburban Hennepin County
communities:

Bloomington	Medicine Lake
Brooklyn Center	Medina
Brooklyn Park	Minnetonka
Champlin	Minnetonka Beach
Chanhassen*	Minnetrista
Corcoran	Mound
Crystal	New Hope
Dayton	Orono
Deephaven	Osseo
Eden Prairie	Plymouth
Edina	Richfield
Excelsior	Robbinsdale
Golden Valley	Rockford
Greenfield	Rogers
Greenwood	St. Anthony
Hanover	St. Bonifacius
Hassan	St. Louis Park
Hopkins	Shorewood
Independence	Spring Park
Long Lake	Tonka Bay
Loretto	Wayzata
Maple Grove	Woodland
Maple Plain	

* Hennepin County residents only

Community Action Partnership
of Suburban Hennepin

Other CAPSH services include:

- Budget Counseling
- Emergency Energy Repairs
- Employment Services
- Energy Assistance
- First Time Homebuyer Education
- Foreclosure Prevention Counseling
- Housing Rehabilitation Counseling
- Homeless Services
- Income Tax Preparation
- Legal Services
- Reverse Mortgage Counseling
- Voter Registration & Education



Upon request, accommodations will be provided to allow individuals with disabilities to participate in Community Action Partnership of Suburban Hennepin programs and services.

This information is available in alternate formats upon request



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*Feed Yourself and
Your Family
Apply for Food Support*



**Community Action Partnership
of Suburban Hennepin**

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www.capsh.org

Food Support (SNAP) helps ensure that low-income people have enough food. It is a program designed to supplement a family or individual's income by providing money that can be spent on food. Food Support helps people avoid having to make hard choices between paying their bills and feeding themselves and their families.

Community Action Partnership of Suburban Hennepin (CAPSH) helps people apply for Food Support. Case Managers explain the application process, help people decide if applying for Food Support is right for them, and help people complete the application.

Using Food Support is easy and confidential

If you qualify for Food Support, using your benefits is simple. The money comes on an electronic EBT card that you use like a bank card to buy food. Each month that you are eligible, money is credited to your card.

When you pay with an EBT card, most people will not know that you are using your Food Support benefits unless you choose to tell them. Most grocery stores take Food Support benefits.



Frequently Asked Questions

How do I know if I qualify for the program?
CAPSH can help you determine if you are likely to qualify for the program. After you apply, Hennepin County decides if you may receive benefits.

How can I apply?
Call CAPSH at 952-697-1360. A Case Manager will help you fill out an application.

How much will I receive in benefits, if I qualify?
The amount you receive depends on your income, expenses and the number of people in your household. In 2009, the average benefit per household was \$195 per month.

Will I need to repay the money I receive from Food Support?
No. Food Support is not a loan.

If I receive support from Minnesota Family Investment Program (MFIP), will I still get Food Support when MFIP ends?
There is no time limit for Food Support. Once MFIP ends, you may still be eligible for Food Support benefits.

If I work, can I still receive Food Support?
Yes. Having a job does not make you ineligible for Food Support. A CAPSH Case Manager can help you decide if applying is right for you.

How often do I have to fill out the paperwork?
If you have earned income, you must complete a Household Report Form and return it with proof of income (such as pay stubs) to the county office every six months.

If you do not have income from work (no earned income) you will only have to complete the paper work every 12 months.

Food Support and Immigration

Do I have to be a United States citizen to get Food Support?
No. You must be a U.S. citizen OR have an acceptable immigration status. However, if only some people in your household have acceptable immigration status, you can apply just for them.

If I do not have acceptable immigration status, but my children were born in the United States, can they qualify?
Yes. You can apply for your U.S. born children, even if you do not have acceptable immigration status.

I am an immigrant and want to become a U.S. citizen. Will receiving Food Support benefits prevent me from becoming a citizen?
No. Participating in Food Support is not considered a public charge.

Make sure you and your family have enough to eat. Call CAPSH, 952-697-1360, to get help applying for Food Support benefits.

